

Instructions for filling in the report

We do recommend that the professional examiners have both personal experience and knowledge of golf so as to be aware of, and familiar with the restrictions and difficulties, which will occur with regard to playing golf. Range of motion is measured based on the anatomic position. Strength is measured in a scale from 0-5. Usually if the strength is reduced in any modality below three the person is eligible. At grade 3, the sole weight of the extremity can be overcome. The only requirement is to decide whether the disability is severe enough to qualify for the competition based on the issue if it is really a lot more difficult for this person to play golf than anyone else. Qualifying factors for participation are the types and the magnitudes of impairment with regard to leg range of motion and strength, grip, arm length, two hands, shoulder range of motion and strength, elbow range of motion and strength, back range of motion, vision, balance and neurology. Major impairment in any of these functions, or in combinations, will qualify for participation. Impaired hearing, mental disorders and cardiopulmonary disabilities do not qualify. If a player; previously approved, for any reason has a changed impairment it must be reported to the authority giving the licence immediately.

Short rules for qualifying:

- A stiff hip joint or flexion contracture of 35 degrees or more on at least one side;
- The positive Trendelenburg on at least one side when walking (dynamic) will qualify;
- A stiff knee joint or flexion contracture of 30 degrees or more on at least one side;
- Leg length difference should be at least 20 cm;
- Amputation above the Syme level on at least one side will qualify;
- Complete lack of grip on one side.
- One arm should be shortened by at least 15 cm;
- Amputation of at least four fingers above the proximal interphalangeal joint;
- Amputation of one or both thumbs with fingers intact does not qualify;
- Dorsiflexion on the right side of less than 10 degrees (right-handed players; reverse for left-handed);
- No radio-ulnar movements on either hand;

- Ranges of motion, including movements between scapula and thorax in either shoulder less than 30 degrees in ab- or adduction or 45 degrees of the total range of rotation
- Range of motion in pro and supination is less than 45 degrees on at least one side;
- Flexion contracture of more than 45 degrees in at least one elbow;
- Right-handed players who cannot flex the right elbow beyond 90 degrees on the right side or beyond 60 degrees on the left side. (reverse for left-handed players);
- Rotation in the entire thoracic and lumbar regions of less than 10 degrees or stiff neck;
- Cumulating disorders can qualify;
- Neurological impairment with balance, athetosis, spasticity or other impairments that cause severe difficulties to perform a normal golf swing;
- Positive Romberg's test;
- Blindness or vision equal or below 0,1 on the best side after compensation with a lens; *Section A1 Impaired vision* (in progress);
- Submit this report to your EDGA golf association;
- Do not forget your own name and address.

The report, written in English, has to be sent to the responsible member of the EDGA Medical Committee for approval. Responsible for:

North West Europe: Dr. P. Köhler, Apelvägen 27, 182 75 Stocksund, Sweden;

North East Europe: Dr. M Varpela, Etelätie 35A 02710 Espoo, Finland and Mrs. E. Helminen, Physiotherapist, Kirsikkakuja 3 D, 02620 Espoo, Finland.

Mid Europe: Prof. W.H. Eisma, Elswout 2, 9301 TS Roden, The Netherlands;

Mid East Europe, J. Esser, Physiotherapist, Brendenbachweg 12, 9450 Altstaetten, Switzerland.

France: Dr. J.F. Claisse, 10 Chemin de Malaquis, 80000 Amiens, France.

Italy: Prof. Dr. M. Benazzi, Via Gherardini 2, 20145 Milano, Italy.

Spain: Dr. J. M. Osuna Chambon, Calle San Martin nº5 28220 Majadahonda, Madrid, Spain.

Sotogrande, Spain, 10th February 2007.